

Letters to the Editor ...

Compromised Veterinarians

Dear Duncan: Thank you for following up on my suggestion that NEXUS magazine cover the issue of over-vaccinating companion animals. I know I am not the only one to have found Catherine O'Driscoll's article [vol. 12, no. 6] very disturbing as well as informative.

After my own dog developed some classic signs of canine distemper, including encephalitis and "hardpad", following a vaccination booster, I approached a veterinarian whom I knew and who works within the Australian Veterinary Association (AVA). That veterinarian told me the vaccination protocols in Australia are very contentious, adding that "it is a major source of income versus the immunological need of the pet".

Virbac, which is a major manufacturer of veterinary vaccines, recently undertook research within the veterinary profession to determine veterinarians' thoughts on vaccination. The results of that research were contained in the August 2005 issue of the Virbac Newsletter that is circulated to all veterinarians. The following is listed among its main findings: "89% of veterinarians indicated that dog and cat vaccinations were indeed the number one contributor to practice turnover and 91% of veterinarians felt that a change from annual vaccination would have an adverse effect on their practice turnover".

Virbac manufactured the vaccine which almost killed my dog and caused lasting damage to her. Had the vaccinating veterinarian adhered to the AVA's Guidelines on the Responsible Use of Immunobiologicals in Cats and Dogs, then my dog would not have been exposed to the risk.

We've seen Tom Lonsdale kicked out of the AVA for whistleblowing on the unhealthy relationship between veterinarians and manufacturers of processed pet food, and through my experience I discovered that veterinarians also have a less-than-healthy relationship with manufacturers of vaccines and other veterinary pharmaceuticals. I also learned that veterinarians are not accountable for grossly irresponsible use of potent immunobiological agents—which surely has public health and environmental implications.

The AVA and the Veterinary Surgeons Boards act in the interests of veterinarians. Does anyone know of an authority that acts in the interests of consumers of veterinary services, and/or of any research into the environmental impact of large-scale shedding of viruses—which may not have been properly attenuated and may have the potential to mutate—following vaccination?

Regards,

Pat Styles, K9 Vaccination Concern, Perth, Western Australia, <http://www.freewebs.com/novaxx/>

Overvaccination of Pets

Hi Duncan: I was fantastically surprised to see NEXUS cover the story of "pet vaccination" in the Oct–Nov 2005 issue [12/06]. It is something that I have been very interested in for a while, and I am so glad to see that it is now able to make its way to more readers who share similar concerns for their pets' health.

I myself own Vera, a nine-year-old dog who is the light of my life, and a four-year-old cat, Crystal. I first became interested in the topic of "over-vaccination" when I found out about titre testing and found my dog was still "protected" 18 months after her last vaccination. No more shots for her!

I belong to a dog club, the only one in Australia that accepts titre testing as part of the requirement for joining (over the usual vaccination certificate).

I have been reading up and getting more informed about the choices I can make in regard to their health, but what is most frustrating and very annoying is that the more questions I ask from "the experts" (vets and vaccine manufacturers), the more of a merry-go-round I am sent on, chasing info. It seems they are all too willing to sell you their product, but as long as you don't ask too many questions regarding its safety.

I am so glad that you published the story and it will now reach the greater public of like-minded readers who may then pass on the info to their "non-NEXUS" friends.

I am getting more and more motivated with a group of friends in trying to break through the barriers of getting more information and hopefully lobbying for changes within the "system", and

would like to invite any other NEXUS readers who share these concerns to join me and get informed along the way...

Maria, Sydney, Australia, a_h_u_g@hotmail.com

The Scale Expanding Cosmos

Dear Duncan: Is the Big Bang dead? That is the claim of Dr Johan Masreliez. In a landmark paper to be published in *Physics Essays* in March 2006, Johan has built a convincing case that we must reassess the significance of time. He believes in a universe that is eternal: it has no beginning and no end. The theory is called "the Scale-Expanding Cosmos".

In this universe, time was incrementally faster in the past and will be incrementally slower in the future. The scale expansion is time. The scale expansion allows the universe to be eternal because it provides the energy for the universe. The oscillation of the scale expansion provides the basis for quantum mechanics from the equations for general relativity, so Johan may have solved the unified field theory.

The SEC is falsifiable, but appears to fit the data much better than the standard cosmological model, i.e., the Big Bang theory.

Richard Moody, Jr, Schoharie, New York, USA, slmrea@aol.com

Praise for Therapeutic Ioniser

Dear Duncan: I want to publicly thank Joshua Shaw for his wonderful invention of the Bionic Products machines (the Elanra Therapeutic Ionisers).

I used to spend at least 4–5 times a year in hospital with chest pains and numerous complaints, all that inconvenience of ambulances, oxygen, heart machines and specialists, and not to forget the costs.

The year 2005 was free of all that because as soon as any discomfort or pain or anxiety hit me, I grabbed the ioniser and after a lie down for 20 minutes I felt refreshed and new again. A wonder machine is the portable ioniser.

My husband's terrible snoring has nearly abated and he can sleep so well. Our children have purchased these ionisers as well as friends, and they can only say positive things about them.

Yours sincerely,
H. and D. F., Australia

Vedic Wisdom Books

Dear Duncan: I am a long-time NEXUS reader. In the last 20 years, I spared no expense on literature regarding spirituality and free energy and conducted many experiments in both fields. All this was a part of my great quest to discover the truth about these matters and to use what I learned to improve my life and that of others.

I found, however, that having reached a high level of knowledge on these subjects, it was difficult to find new information and it was often the case that a new book would tell me nothing that I didn't already know.

But all this changed when I came across a series of books in Russian called *The Ringing Cedars of Russia*. Basically, these books make all the books that I've read to date look like a complete waste of paper!

What makes these books so special is that they were written with the help of the surviving members of the Vedic culture living in the Siberian taiga.

The books contain the knowledge that has been kept the strictest of secrets for the last 10,000 years by those who wanted to control the world—to the point that a special language was developed to pass these secrets to the next generations, but nothing was ever written down.

The books explain very clearly and in great detail the wisdom of 30,000 years of the magnificent Vedic culture, as well as give detailed and correct accounts of history. Most importantly, it is explained how every person can reach their full potential.

The 10 books from *The Ringing Cedars of Russia* series are now being released in English (as well as 20 other languages).

I would like to recommend them to the readers of NEXUS because I think that going through life without this knowledge is a waste of time, and not passing it on to children is a crime. I can say with confidence that nothing like these books exists in the world today.

High regards,
Rafal F., Australia

[Thanks, Rafal: I will be getting the books to read for myself. Readers can visit the website for the books at <http://www.ringingcedars.com>. Ed.]

... more Letters to the Editor

NB: Please keep letters to approx. 150 to 250 words in length. Ed.

Questions over Mayan Diary

Hi, Duncan: Thank you for another great edition; I loved reading it. I just wanted to say something about the Diary you are promoting, the *13-Moon Diary of Natural Time: A Way to Live the Ancient Maya Calendar*.

I recently read an article in *Insight* magazine about how this Dreamspell/13-Moon calendar has never been used by the Maya. To quote from the article:

"In the words of Adam Rubel of Saq Be, an organisation reflecting indigenous and especially Mayan views, 'Regarding the Dreamspell and work of Argüelles: it has been made clear, I think everybody here understands, the need to distinguish this system from any relation to the Mayan tradition. This is the wish of the elders, that the confusion and misrepresentation cease.'

"Even with this wish of the Mayan elders, many of its protagonists however have been falsely presenting this calendar system as Mayan and very few critical voices have been raised against the Dreamspell/13-Moon calendar being presented as such. Mostly this is due to a lack of knowledge about the true Mayan calendar, but also because those teaching the Dreamspell calendar do not provide adequate information about the origin of this and why it was invented."

Some of this article has some very interesting questions about how they (José and Lloydine Argüelles) came up with dates to anchor the Tzolkin count in time, and it wonders about their hidden agendas. The article was written by Dr Carl Johan Calleman, <http://www.calleman.com>, cosm@froggy.com.au.

I have an interest in finding out more about the ancient Maya, and I was glad to have read Carl's article as I've intuitively *not* been drawn to the Dreamspell calendar, even though that is what is promoted as the Mayan calendar (or "A Way", as in the advertisement).

Anyway, I just wondered if you, as the exclusive agent for this calendar, have looked into how authentic (or not) this is. Thanks for your time.

Kind regards,
Rebecca

[Good question, Rebecca. No, I have not looked into how authentic or not this diary is, mainly because

there are so many differing opinions from so many "experts". Which "expert" should I believe? And then there is the "politics" between the researchers within the Mayan calendar scene (just as there is with every other topic we cover) which further clouds one's perception of where to find the truth of the matter. If you finally figure out who is right and why, let me know. Ed.]

Breathing Exercises for Asthma

I was very interested in the article about asthma and the Buteyko method [vol. 13, no. 1]. I am now aged 59 but suffered badly with asthma as a child, before the era of steroid-based medication. There was a type of inhaler available but our family GP (yes, in the days when there were such doctors) advised my mother against its use on the grounds of the risk of dependency.

Instead, I was referred to the Brompton Hospital in central London. There the therapy applied for the condition was essentially one of teaching us to manage and control our breathing.

I attended for a period on an outpatient basis with a large group of others. The staff first initiated vigorous physical activity games which got us all thoroughly breathless, and then we laid on beds and were taken through a series of breathing exercises.

I was young and do not recall the approach being given a name, but it is consistent with the approach described in your article. It was certainly effective for me and the condition gradually abated, only to recur sporadically when I was a bit older and asthma was triggered by hay fever-type allergic reactions.

It would be interesting to know the basis of the Brompton Hospital method and whether they or any other hospitals still use it at all.

Chris Allen, West Sussex, UK

Mercury Lowers Selenium

Hi, Duncan: I have just been reading through the latest NEXUS and found your article about cancer and selenium [vol. 13, no. 1, p. 9]. This matter was brought up by Professor W. Kostler, President of the Austrian Society of Oncology, at the First World Congress [on Cancer] in Sydney, 1994. To quote from the *Proceedings*:

"I want to emphasise that there is a very strong interaction between some trace elements, and I'll focus on mercury and selenium. A surplus of mercury causes a diminution of selenium. Why is that important?"

"Most of our cancer patients have a lot of amalgam dental fillings. I remember a study we made a few years ago at the University of Vienna. One group of students with amalgam fillings had to chew a chewing gum for twenty minutes, and the other group had to drink hot lemon juice for twenty minutes. We wanted to know what happens with the mercury level in their blood. By chewing the gum, with dental fillings of amalgam, or by drinking hot and acid juices, there was always a big mercury intake in the blood.

"In the same way, the level of selenium was lowered because a lot of selenium was needed to detoxify the mercury to mercury selenite, and therefore it was not available any longer. What we didn't expect was that the immune status showed us a small decrease in the immune-competent cells after this test—after twenty minutes of chewing gum or drinking hot juice."

He states clearly that there is only one thing that drops selenium levels this rapidly in cancer patients, and that is mercury—and, of course, there is only one place that provides the most mercury.

All the best,
Robert Gammal, BDS FACNEM (Dent), <http://www.bcd.com.au/>
[Thanks, Robert: You can add the mercury contained in vaccine adjuvants to the list of sources of mercury contamination. Ed.]

Creating our Future Lives

Dear Duncan: I found Ian Lawton's article, "Past Lives, Future Lives and the Nature of Time" [13/01], refreshingly free of gobbledegook and well reasoned. The worldview presented turns on the nature of time.

However, what if time does not exist and is merely an intellectual construct to give form to motion in a fluid reality? It enables us to believe reality is fixed. The fact that time can only be observed by using a regulated motion reinforces the notion of an intellectual construct...

Perhaps we create our own future lives even while living out this one, as a never-ending quest. I suspect we are already part of our own destiny.

John B., Oakley, UK

Flu Vaccine and Alzheimer's

Dear Duncan: Two readers' letters in your current issue [13/01] require medical input. I have been researching public health toxicology for 11 years and been published in four medical journals, with 1,750 entries on Google today.

Katrina from Toowoomba comments correctly on increased cancer prevalence from the Maralinga nuclear tests. I recommend the two recent Roger Cross books published by Wakefield Press in Adelaide—*Fallout* and *Beyond Belief* [see reviews in NEXUS 8/05 and 12/06; Ed.].

The cancers would include malignant melanoma, both rife in Queensland and South Australia but also rife in Scotland which has lots of radioactivity but little sunshine! The other cancers like brain, etc., also fit.

However, I wonder if the multiple chemical sensitivity noted is not due to organophosphate pesticide/sheep-dip/herbicide exposure on the sheep farm. OPs were in widespread use by 1960.

The letter by Andrew C. in Australia exposes excess aluminium exposure in some drinks, as aluminium has been documented as being a cause of Alzheimer's disease.

I am far more concerned about repeated annual doses of flu vaccine. Most brands contain thimerosal and in the UK are promoted for the elderly and infirm who are the least able to deal with the mercury in thimerosal, as most would have low levels of zinc and selenium which are required to detox the mercury. In fact, if three or more annual jabs of flu vaccine with thimerosal are given, the incidence of Alzheimer's rises 10 times.

I wonder if Australian practice follows the UK's disastrous vaccination policy? My reports on vaccines are on the bottom of the main page of www.countrydoctor.co.uk.

Yours sincerely,
Dr Dick van Steenis, MBBS, Burghill, Hereford, UK